

Manual Material Handling

Sequential Lifting

| lask: | | |
|-------------------|---------|-------------|
| Company: | | |
| Date | | |
| Observations | | |
| | | |
| | | |
| | | |
| Population | ☐ Male | ☐ Female |
| Age group (years) | □ 20-45 | □ <20 ó >45 |
| Aditional task | ☐Yes | □ No |
| | | |

Organization

| Codic | Task | Туре | | |
|-------|------|------|--|--|
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Organization

| PERIOD 1 | | PERIOD 2 | |
|----------|---------|----------|---------|
| Event | Minutes | Event | Minutes |
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